

Comment on: Environmental sustainability in robotic and laparoscopic surgery: systematic review

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Dear Editor

Papadopoulou *et al.* discussed the 'environmental sustainability' issue of three different surgical techniques¹.

There has been an increasing trend of robotic surgery worldwide in recent decades. Enthusiasts claim that the robotic system provides a magnified three-dimensional view, improved ergonomics, and upgraded dexterity. However, patient-centric outcomes like rapid postoperative recovery, fewer complications, fewer morbidities, and less mortality have not been proven to be more remarkable than laparoscopic or open surgery. For example, the ROLARR randomized clinical trial failed to show the advantages of robotic surgery over other approaches in rectal cancer management, and Ramirez et al.² even demonstrated a possibly worse prognosis in early-stage cervical cancer surgeries. Many studies have not demonstrated significantly different outcomes after colectomy or cholecystectomy with these three techniques. This disparity between the rapid acceptance of robotic surgery and ambiguous clinical benefits emphasizes the urgency of comprehensive individual judgements and decisions on suitable surgical techniques for various diseases.

Contrary to traditional laparoscopic instruments, and owing to their high cost, robotic instruments are designed for a maximum number of repeated uses. In a retrospective study of endometrial cancer management, Woods *et al.*³ found that a laparoscopic procedure yielded more single-use device waste (29.7 per cent of total waste) than robotic (16.7 per cent) and open (9.7 per cent)

techniques, with the same ratio of carbon dioxide equivalents. Repeated use of instruments should be the main reason for less waste in robotic procedures than in laparoscopic alternatives, which Papadopoulou *et al.* also reported. However, these instruments must be sterilized thoroughly, because failure to sterilize them can lead to severe cross-contamination and infections. Residual bioburden and soils will cause instrument malfunctions, damage, and subsequent patient injuries or surgical delays.

For these reasons, we assume that future environmental sustainability studies in health care will consider strategies to lessen the environmental effects while improving patient safety, quality of care, and cost-effectiveness.

References

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